



Baclofen for Alcohol Addiction:

Initiation Regime:

The standard initiation regime:

Day	Morning	Afternoon	Evening	Dose changes
Day 1	0	0	½ tablet (5mg)	
Day 2	0	½ tablet (5mg)	½ tablet (5mg)	
Day 3	½ tablet (5mg)	½ tablet (5mg)	½ tablet (5mg)	
Day 4	½ tablet (5mg)	½ tablet (5mg)	½ tablet (5mg)	
Day 5	½ tablet (5mg)	½ tablet (5mg)	1 tablet (10mg)	
Day 6	½ tablet (5mg)	1 tablet (10mg)	1 tablet (10mg)	
Day 7	1 tablet (10mg)	1 tablet (10mg)	1 tablet (10mg)	
Day 8	1 tablet (10mg)	1 tablet (10mg)	1 tablet (10mg)	
Day 9	1 tablet (10mg)	1 tablet (10mg)	1 tablet (10mg)	
Day 10	1 tablet (10mg)	1 tablet (10mg)	1 tablet (10mg)	

Baclofen can have many side effects in this early phase. They will disappear in a few days. If the side effects are tolerable, just stay on the same dose. If not tolerable, drop back to the last dose and stay there for a couple more days and then try again to increase the dose.

Common side effects: nausea, dizziness, fatigue, headache, insomnia

Adjuvant Treatments: most commonly for nausea, sleep disturbance and anxiety.

Name	Dose	When to take	Comments
Prochlorperazine 5mg tablet	1-2 tabs	6 hourly as needed	For nausea or dizziness

Comments

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