



Suitability:  
Discuss and assess  
Caution:  
Renal failure  
Bipolar Disorder  
Start initial baclofen  
regime: up to 10mg  
tds over 7 days  
Consider  
mirtazepine (sleep)  
&  
prochlorperazine  
(nausea, dizziness)

Review at 1 week  
Continue baclofen  
titration:  
Raise the dose by  
5mg tds every 3-7  
days as tolerated.

Watch for side  
effects.  
Watch for changes in  
social and  
psychological state.

Watch for  
"Honeymoon effect"  
low dose initially ok  
then need more as  
sorting life out.  
Stop titration when  
patient reaches the  
"sweet spot".  
Easy control of  
cravings.  
Loss of alcohol  
thoughts.  
Loss of alcohol  
awareness.